

HEALTH CARE

We earned it. Use it. Learn your rights.



Need help getting the right health care?

- Reducing medical costs?
- Understanding medical benefits?
- Choosing a doctor you can trust?
- Problems, complaints, who do you call?

We have advocates, someone to help you get the most from your health insurance plan.

VISIT **OPA.CA.GOV** 



Have a problem or complaint with your health plan?

Call 1.888.466.2219 or visit HealthHelp.ca.gov

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